



Possibilities
& Perspective



ADHD Family Support

These packages will be bespoke for each family that I work with and will all start with a free planning session.

Sessions can cover:

- Coaching for the young person
- Psycho-education for the key people in their lives
- Family therapeutic sessions
- Support with access to learning
- Parenting support and strategies

My qualifications and experience:

- A degree in Education and SEND
- Teaching Postgraduate
- Headship qualification and all training that comes with that including safeguarding
- Diploma in Psychology
- Diploma in Coaching with Neuro Linguistic Programming
- 25+ years in education
- Over 100 hours of coaching
- An ADHD diagnosis
- I am the parent of neurodiverse adults

Fees: Coaching sessions from £80 – £100. ADHD support sessions: £75 or 6 for the price of 5 if paid in a block before sessions start. Fully insured and DBS checked.

✉ sarah@possibilitiesandperspectives.co.uk

☎ 07300 299808

🌐 www.possibilitiesandperspectives.co.uk

✂ @MissHusseyHead